



U16 AAA League Guidelines (Draft)

Teams:

- Teams will be selected in each of the defined zones as used by Hockey NL in U13AAA and U15 AAA.
- There will be two teams in Eastern and one in each of Tripen, Central, Western and Northern.

Team composition:

- The teams shall be comprised of primarily 1st year (2008) U18 players.
- Teams have the option to roster four 2nd year (2007) players.
- Teams have the option to roster one second-year goaltender (2007).

Coaching staff:

- The coaching staff will be comprised of a Head Coach (D1 Certified), two Assistant Coaches (C2 minimum), a Trainer (HCSP) and a Director of Operation (Off ice position).
- All staff must meet the applicable Hockey NL requirements.

League Structure:

- Exhibition weekend tournaments using a format similar to the U13 AAA Program. Each zone would host an event with teams completing a round robin each weekend. Players will need to be registered with their minor hockey associations to be eligible to play. Players who are affiliates with the U18 AAA that meet the team composition requirements are eligible to participate. The goal would be to play events in October, November, December, January and February.
- There will be a provincial tournament in March to crown a provincial champion. Teams will also have the option to travel to an off-island event, contingent on being accepted into the event by the event organizing committee.

Tryouts:

- Team selection tryouts would occur in September, ideally after the U18 AAA league has commenced playing.
- Teams will be permitted to affiliate players, subject to approval by the local minor hockey association.

Game lengths:

- Games will consist of two fifteen-minute periods and a twenty-minute third period. This format will be used for the exhibition weekends and the provincial championships.